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srImatE nigamAnta mahAdEsikAya nama:

"32 prescriptions from the Vedas for a life of abundance" (Contd.)
(Blessed by Mukkur Sri. Lakshminarasimhachariar Swamin)

**** Please pardon any errors or omissions in the translation of this article ****

16. We must give up infatuation with this body of ours. We must ensure that Adi Sankarar's words are firmly imprinted in our minds. That is,

'Who is eligible for mOksham?'

'He is eligible for mOksham who considers his body as a dead body even when he is alive!'

17. ParamAtma has taken up residence within each of us. We must remember the lofty sAstra that proclaims that He who could be anywhere is inside us (sentient beings) as well as acEtanas (insentient beings).

18. We can perceive Him within us by means of the mantras given to us by our AchAryas.

19. We must not take it upon ourselves to select a mantra from a book. Such a mantra will not yield any benefit even if we do japa of it. We must only include a mantra in our routine after we have offered our humble prostrations before our AchArya and received the mantra as upadesam from him.

20. We must have equal Bhakti toward the mantra, the devata that is revealed through the mantra, and the AchArya who gave us the mantra through upadesam. Only then we will get mantra siddhi, that is, we will get the full benefit from the mantra.

21. The Gayatri mantra protects the person who does the gAnam of it or recites it in the correct manner. So does the ashtAksharam. Men should say the ashtAksharam after the Gayatri.

22. Those who are gruhastas (householders) must not recite the Pranavam by itself, but only as the full mantra, and that too in three mAtAs (syllabic instants in prosody). Women should use 'am' in place of the pranavam.

23. He who runs afoul of sAstra and acts according to whatever catches his fancy will not attain siddhi. This is BhagavAn's word.

24. We must not incur the anger of BhagavAn, but instead, live in line with sAstric injunction.

25. Sastra has a love for us that is far greater than even the love of a thousand parents.

26. All kinds of benefits, rewards and good fortune come seeking the one who lives fully in line with the sAstras. Glory follows him wherever he goes.

27. In our sampradAyam, AchAram and anushTAnam are given greater importance than jnAnam.

28. Each person has to be a role model for AchAram and anushTAnam; if someone does not observe these rules of conduct, others will say, 'he himself does not observe, why should I?'

29. During anushTAnam, it is important to see the sun. Those who have the first glimpse of the sun are superior. Therefore, we must wake up before the sun rises and greet and worship him.

30. In RAmAvatAram, BhagavAn appeared in the sun dynasty. In the KrishnAvatAram, BhagavAn grew up in the dynasty of the one that first sees the sun.

31. And Sri LakshmiNrusimhan has such a one as the sun as his right eye!

32. He is the akAram, the first part of the OmkAram; He has the sun as His eye; He resides in the aksharam 'am'; He protects and grants boons to those who seek refuge under Him. He is none other than our MattappaLLi Lakshmi Nrusimhan. On this auspicious Rohini day, let us praise and glorify Him!
